

Symbolism in „Healing Cycle“ – by Erik Kučera

This picture shows the connection between the teachings of Kabbalah and the practice of traditional Indian alternative medicine Ayurveda and the effect of the environment on lifeforms.

The cycle we see depicted in the middle of this image is a representation of how energy is endlessly transformed through the life cycle. As energy cannot be created or destroyed, we see the recycling effect as we watch beginnings and endings follow each other.

On the left side of the image we see a clean environment, one filled with mountains, sun, fields and positive energy. The sun which activates the photosynthesis which then is stored up in the Earth and transformed into energy in so many ways. To further symbolize this idea we see an image of a battery which is charging up.

In the middle of the picture is the cycle of healing and regeneration. All aspects are covered here, from health, to sickness, healing, death and rebirth.

On the right side of the image we see some of the negative aspects of our current environment, where the colors are not as brilliant, there is smog, gray streets, acid rain, and satellites and radiation above.

In the ground, below on the right and in the middle is a sort of filtration system which is helping to clean away that which has become polluted. Through the Earth itself we see that which has died becomes decay and then will be used to nourish new life.

As taken from the Kabbalah Society.ORG:

„Health is the neutral position in life by which cellular activity of the body is in neutral polarity state called balance. In this state the energies of the body are in tune and in communication with all life in the cosmos. Through a balanced flow of electromagnetic light waves, there is a free exchange in etheric and airy essences and elements, so vital to health. The exchange of gases of carbon dioxide in our lungs for oxygen and nitrogen is our breathing in and out, which connects us with the Earth's atmosphere. Then life flows unconscious of itself in an exuberant expression as in childhood. There is no interference from positive or negative energy blocks. This finer chemistry, connected with our emotions and thinking is only just being given attention in our time with the development of complementary therapies and yet it is one of the greatest factors in our life and health-building process. If we could be really still and get in touch with this inner life, the answer would readily appear.”

Through the cycle demonstrated in my work, we see the state of balance (Ether) and through the clockwise direction we move through physical, emotional and thought imbalance (Air), to Acute Illness (Fire), into Chronic Illness (Water), into Death (Earth), then back on the left side through (Water) Cleansing and health building, (Fire) Removal of Energy blocks and increase of energy, (Air) Clarity of thought and positive attitudes and then back to a state of balance (Ether).

Thus through our positive attitude, Increased Energy and Cleansing of that which tries to pollute our being just as our universe, we are able to create the environment around us and bring it back to a state of balance and splendor.